

Not Just the Same Old Thing September 2018-March 2019



This project provided an exciting, creative and social opportunity for Apex members, reuniting after a year's break.

'Not Just the Same Old Thing' built expression by designing identities/personas through costume and song, confidence and experience by meeting and working with the Plymouth Apex group and inclusion by being part of the St Piran's Day event in Redruth, in partnership with Redruth Revival.

Participants met and socialised at singing and performance workshops – the first in September reuniting previous and introducing new members. The project was explained and members decided whom they wanted to work with. Participants also had a lot of fun dressing up and practising how to make-up characters.

At another workshop in November the group were able to watch and perform with The Robinson Bay Band from Plymouth – both groups also performed to each other



..... and soon shared their creativity, ideas and friendship.



4 costume upcycling sessions were arranged in Oct/Nov where small groups decided on their characters, the names of their groups and the parts they might play along to their music – these groups were kept secret from each other.



Above: The Wandering Dreamers

Participants also attended music sessions where songs were upcycled to form new pieces. Each group decided how their character groups and music could all come together as sketches in a rolling creative process.



All was revealed at a final filming celebration in February where each group presented their music, costumes and sketches to each other before being directed and filmed in front of a green screen.



"I just wanted to say what a great day it was on Saturday. I was struck by how much the pieces of music, the performances and the costumes came together giving each group a very different, but very relevant identity. It was a joy to watch the participants perform. Thank you once again for such an inspiring and worthwhile project. You have created a wonderful supportive and creative community within APEX"

"Love how Apex creates such a safe, accepting and open environment which allows everyone to just be themselves. Watching people grow in confidence as the afternoon progressed was just great"

This was all edited together along with backgrounds previously chosen by the groups and the final film was shown on March 2nd in the Buttermarket Courtyard, Redruth, as part of Redruth Revival's St Piran's Day event.



"Really professionally filmed – looked like Apex had a lot of fun performing in this – well done"

"Absolutely brilliant ! looked perfect and the music was lovely – really lovely. Thankyou!!"

"Really enjoyable video. Well done. Great cause."

"Enjoyed the three men in the boat (like 3 Amigos) excellent fun – thanks"

"Absolutely fabulous. I loved every minute of all the short films. Can't wait for the sequel"

"So amazing! Well worth a watch. Well done Apex"

“Very good and crazy!”

“Great project!”

“How cool was that !! Brilliant production”

Please watch the final film featuring 4 scenes by The Discomites, Wandering Dreamers, Moll’s Dolls and the High Vibe and Party Revel Rebels (total 6 mins) online at <https://youtu.be/5dSjKF6HAd4>



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